## The 5 Best Patient Transfer Devices



# Beasy Boards: The Original Beasy Transfer System 40" and the BeasyGlyder Transfer System 32"



The Original Beasy Transfer System and the BeasyGlyder Transfer System boards rank number 1 in our transfer device review because they blend the use of a transfer board with a cleverly inserted disk seat that slides more easily than sliding on a board alone. Both styles of boards reduce the workload on the caregiver and the patient since no lifting is needed to glide the person along the board.

The Original Beasy Transfer System 40" is a slight "S" shaped board that is good for transfers from a bed to a chair or commode, and a chair to a car seat. It is 40 inches long, 12 inches wide, and 1 inch thick. The seat adds an additional 5/8 of an inch. It weighs 6.5 pounds and supports up to 400 pounds.

### 2. SafetySure Transfer Belt



The <u>SafetySure Transfer Belt (SSTB)</u> assists caregivers stand or sit patients with safety in mind. It ranks number 2 in our transfer device review. Transfer belts offer a tremendous benefit by focusing the energy required to move a person using the center of their body.

The SSTB comes in three sizes to fit waist sizes from 23 to 60 inches. It is four inches wide and supports up to 300 pounds.

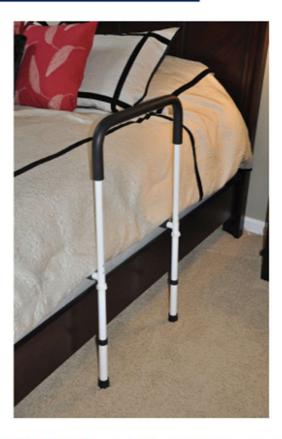
The belt securely locks around the patient's waist using a "Fix lock" buckle. This unique feature enables the caregiver to tighten up the belt once the person is standing without having to unlock it.

The SSTB comes in two versions; either an anti-slip interior or one with a sherpa lining, which is good for those with sensitive skin.

Multiple handhold loops surrounding the transfer belt enable the caregiver to grip the patient securely during transfers moving from one seat to another, or even to assist someone rise from the floor.

The SafetySure Transfer Belt can be used in conjunction with a transfer board or along with another sling device. Diagrammed directions show the variety of ways one can use the belt to avoid injury of the caregiver or patient.

#### 3. Home Bed Assist Handle



The <u>Home Bed Assist Handle</u> made by Drive Medical slides under the mattress on either side of a bed to assist patients getting in and out more easily. It does not require the use of any tools, and ranks number 3 in our top transfer device review.

The Home Bed Assist Handle is a steel coated adjustable handrail assembled from three pieces. It can be stored flat back in the box when it's no longer needed. Assembled, it weighs about 10 pounds.

The rail inserts under the mattress 32.75 inches deep. A no-slip foam grip helps keep the bar in place. The width of the entire rail system is 19.75 inches.

The rail legs are reported by users to be 16.5 inches tall starting from the floor to the top of the box spring where the horizontal rail is supposed to slide under the mattress. Rubber feet secure the rail legs.

It is important to note that if your box spring is lower than this height it will be too tall, even on the lowest setting, and the mattress will not lie flat on the horizontal rail. Some users had to cut the legs shorter with a metal saw to make them work.

The handrail height then adjusts another 13.5-16.5 inches from the top of the box spring along the side of the mattress to bring the horizontal bar to a hand reaching level. It will support up to 250 pounds.

#### 4. SafetySure Mary's Aide Transfer Sling



The <u>SafetySure Mary's Aide Transfer Sling</u> is a more secure way to move those who need assistance standing, sitting, and walking. It ranks number 4 in our top transfer device review. The SafetySure Transfer Sling combines the functions of a transfer belt with a sling that goes between the patient's legs to provide further support and leverage during transfers.

The SafetySure Transfer Sling is made out of latex-free nylon, and is intended to go over the patient's clothes. It slides up like a pair of pants but is secured with hook and loop (Velcro) fasteners on each side to support the patient's buttook area along with their midsection.

One of the most concerning problems in performing a patient transfer is for the caregiver to not lose their grip on the patient during the move. This is less likely to occur with the SafetySure Transfer Sling since the sling provides support between the legs, the patient is less able to slide down, which they could with a transfer belt support alone.

There is also an additional handle in the back that is helpful for caregivers to grip during gait training.

The SafetySure Transfer Sling is machine washable and does not interfere with feeding tubes, urinary catheters or chest tubes. The sling supports up to 250 pounds.



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Occupational Therapy, including pediatrics, geriatrics, hand therapy,
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#### 5. Smart Patient Slide Sheets



Moving a person up in bed can be quite challenging, especially if the person is larger or taller than average. <a href="Smart Patient Slide Sheets">Smart Patient Slide Sheets</a> from Medco Technology make the task of moving patients easier, ranking it number 5 in our top transfer device review.

Those who spend a lot of time in bed must regularly be re-positioned to avoid skin breakdown from pressure. They often need to be pulled up towards the head of the bed. Moving patients increases the risk of injury to caregivers.

SMART sheets are an innovative way to slide, not lift patients. To use, caregivers position two of the SMART sheets underneath the person. Only the top sheet is used to move the person up in bed. The two sheets glide easily against each other reducing force or strain.

Medco Technology provides online videos to show users how to use the SMART sheets, for <u>transfers where patients are able to assist</u>, and for <u>transfers where patients are unable to assist</u>.

These durable sheets made out of nylon have a silicon coating to extend the life of the sheet. The sheets can be washed over 200 times.

Full sheets measure  $58 \times 78$  inches, and half sheets measure  $58 \times 30$  inches. For patients who are lighter or need less help, a full length SMART sheet topped with a half sheet may work well.